



Intuitive Specialists Controlled Remote Viewing CRV CHEAT SHEET

- ◇ The Viewer is always in charge of the session!
- ◇ Describe, don't identify!
- ◇ Always move down the page.
- ◇ There is no session above the line you are on.
- ◇ No nouns on the left side of the page.
- ◇ The 3 parts of the Set Aside Process:
 - State the issue and make a deal with your subconscious mind.
You are asking your subconscious mind to allow you to set the issue aside *just for now* while you do the session. So say out loud *why* this doesn't have to be an issue *for now*.
 - Say the canned phrase, "So **for now**, I'm not worrying about it."
 - **For now**, "I'm setting aside _____ ." and **write it as you say it**.
- ◇ Examples of Acceptable frontloading:
 - ***The target is manmade, describe the target***
 - ***The target is a location, describe the target***
 - ***The target is an activity, describe the target***
 - ***The target is biological, describe the target***
 - ***The target is an event, describe the target***
 - ***The target is a person, describe the target***
- ◇ Monitor says, "There may be more gestalts at the target. Would you like to take the coordinates again?"
- ◇ When you begin to write your summary, begin the summary with **"The target contains elements of"** and then **collect your B's**.
- ◇ **Remember: Never include stray cats in your summary!**